


I AM ON THE AUTISM SPECTRUM

- If I am not able to tell you the best way to communicate with me, you can ask the person accompanying me.
- If possible, don't keep me waiting.
- When we meet, reserve plenty of time for the encounter.
- Be concrete and clear when we interact. Avoid unnecessary small talk.
- Understand that I might have unusual requests.
- Please note that I may have sensory issues, such as over- or under-sensitivity to sounds, light, touch and colours.



The autism spectrum disorder is characterized by a different way of thinking, understanding and communicating. These ways are unique for all of us.

The best information about me and my personal needs you'll get from me or from the people who know me well.

**For further information :
www.autismiliitto.fi**



AUTISM FINLAND